

**Md. Asif Arsalan**

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**OBJECTIVE:**

To acquire a clinical position as a physiotherapist and use my knowledge and experience to the best of my abilities and continue my interest in rehabilitation services.

**Academic qualification**

Sn	Degree	Board/ university	year
1	SSC	Rajshahi board	2001
2	HSC	Rajshahi board	2003
3	Bachelor of physiotherapy	Gono bishwabidallay	2009
4	PGT(ortho)	Shaheed Shurawardy Medical college	2011
5	Masters of physiotherapy (orthopaedics)	Lovely professional university, Punjab, India	2013

**WORK EXPERIENCE:**

- Pre and post operative Physiotherapy after joint replacement
- Musculo skeletal , sports injuries & rehabilitation
- Ergonomics advisor.
- Tapping techniques in sports injuries .
- Home care physiotherapy.
- Bronchial hygiene , chest physiotherapy.
- Mobilization techniques.

- Manipulation techniques.
- MET, Trigger release, myofascial release, stretching and strengthening.
- Advance technique in physiotherapy treatment.
- Cardio thoracic & critical intensive care unit (CTS & CICU).

#### **ACHIVEMENT & ADDITIONAL EDUCATION:**

- Member of medical committee, LPU
- Participated in cultural at university level.
- Participated in paper presentation at university level.
- Knowledge of artificial limbs and splints.
- Able to manage pre and post operative cases and cardiac patient in ICU
- Knowledge of MS word ,MS excel and MS power point and internet.
- Work experience in India and Bangladesh.

Many more.

#### **Certificate course/workshop:**

- Certificate course on complete solution for spinal disorders by neuro musculoskeletal manual approach at DMC Ludhiana, India.
- Certificate course on hands on mobilization for peripheral and spinal joints at I.T.S college of physiotherapy, Ghaziabad, India.

#### **REFERENCE:**

Dr. Jaspreet singh vij

BPT, MPT, Ph.D

Assistant professor, physiotherapy department

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